

SALADS

Thai Beef Salad

Grilled beef strips, egg noodles and cherry tomatoes, tossed in a wholegrain mustard and sweet chilli soya 60 sauce, topped with sesame seeds

Chicken salad & Mason Salad

Coarse lettuce, chicken strips, avocado, aged parmesan shavings, croutons, anchovy fillets and cocktail tomatoes served with a homemade creamy-style Caesar dressing

Halloumi Salad

Grilled halloumi cheese, rocket leaves, sun-dried tomatoes, 65 and onion rings topped with a basil pesto

Smoked Salmon and Avocado

Smoked salmon, slithers of avocado and orange segments served on a bed of lettuce garnished with sliced red onion and a creamy ranch dressing

FROM THE BREAD BASKET

Served with chips

Plain or toasted Sandwich's made from your choice of bread (baguette, ciabatta, panini, rye, croissants, whole wheat)

55 Cheese and Tomato

65 Cajun Chicken Mayonnaise

Bacon and Egg



60





Vegetable Sandwich

Ricotta cheese and sun-dried tomatoes on a toasted ciabatta with crisp lettuce, avocado and topped with a basil pesto

65

Barney's Club Sandwich

Grilled beef sirloin steak served on toasted ciabatta with lettuce, tomato, sliced onion, gherkins, bacon, egg and avocado salsa

85

Eggs Benedict

Two poached eggs served on top of the English muffin with harm/smoked salmon, baby spinach and hollandaise sauce

120

PIZZA

Chicken & Mushroom

Spicy chicken & creamy mushroom topped with cheddar and mozzarella

Large 130 Medium 85

Mexican Pizza

Your choice of spicy beef cubes or chicken with bell peppers, slice red onion and sweet & sour chili sauce with cheddar and mozzarella

Large 140 Medium 90







Margarida Pizza With your choice of fi

With your choice of filling with cheddar and mozzarella

Large	80
Medium	55

Extra Topping

Sweet chili, bbq, peppers, onions, garlic, tomatoes & chili	10
Olives, mushrooms, pineapple & jalapeno	12
Bacon, ham, chicken strips, bolognaise sauce & beef strips	16

WRAPS

Served with chips

Vegetable Wrap

Mediterranean grilled vegetables and ricotta cheese wrapped in a tortilla served with sweet chili sauce

Beef Wrap

Grilled beef strips with tikka spice, wrapped in a tortilla with cucumber, avocado and topped with a basil pesto 80

Chicken Wrap

Grilled chicken strips with tikka spice, wrapped in a tortilla with cucumber, avocado and topped with a basil pesto







HARVEST DISPLAY

Cakes and Biscuits

Wedge Biscuit Plain15Wedge Biscuit Cake Plain25Giant Muffin30Scones served with cheese, jam and butter25

Cakes

Red Velvet Cake 70

Bar One Cake

Carrots Cake

Caramel Velvet Cake

Cheese Cake

Chocolate Nastacio







Individual Desserts

Lemon Meringue Tart

Fruit Tart

Apple Tart

Tiramisu Tart

BEVERAGES

Smoothies

Blueberry Cooler Smoothie
Blueberry, apple, cucumber, celery, Hemp seeds 65

Peanut Butter Smoothie

Peanut butter, banana, almond milk, chia seeds, cinnamon & honey

Chocolate Smoothie

Barone, cocoa powder, peanut butter, Avo. Almond
milk, strawberry compote

Vitamin Smoothie

Mango, pineapple, banana fresh squeezed carrots, & orange juice

Strawberry Blaze Smoothie

Strawberries, banana, Avo, oats, almond milk, frozen yoghurt & honey

Green Smoothie

Avo, banana, apple juice, cucumber, spinach, celery, almond milk, frozen yoghurt & honey





75



Coffee and Milkshakes

Choice of banana, bar one, strawberry, bubblegum and lime

Milkshake (Regular)	30
Milkshake (Large)	38
Espresso Solo	18
Espresso Double	25
Cappuccino Regular	25
Cappuccino Large	35
Café Latte	25
Americano	20
Ceylon/Rooibos Tea	22
Hot Chocolate	30
Filter Coffee	18
White Coffee	22



